

EXERCISE Creating a Personal Narrative

Purpose Have students develop a sense of themselves that reflects and is reflected by the feedback in their Innovation Mindset Snapshot

Recommended for Trail 9 and each of the Phases/Paths in Trail 10

Time required 20-30 minutes per Trail/Path

Key Points

Our mindset is already driving our values, beliefs and behaviors.

Most people recognize themselves in their IM Snapshot results.

With a little thought, we can develop a narrative about ourselves that explains our mindset

That personal narrative can then become a starting point for identifying shifts that will enhance innovativeness

Instructions

Students need to have received their results from the Innovator Mindset assessment and reviewed them through their Snapshot dashboard. You may want to also have them bring an electronic download or printout of their Snapshot report to refer to and perhaps share. (Or provide those copies to them.)

Divide students into groups of two or three and have them explain their results to each other, explaining:

How accurate they think their results are. Why or why not.

What is it about the way they think and behave that may explain what their Snapshot tells them?

Can they think of some examples or situations that illustrate those values, beliefs and behaviors?

What potential risks or benefits does that pose for them. (For this, you may want to refer them to the archetypes for each Phase, found in their Snapshot printout.)

You may want to share some Snapshot examples with them to give them a feel for how to do this. That might be from a student volunteer, your own Snapshot report, or some anonymous sample(s) you select.

This can be done for their overall results in Trail 8, and then repeated for their results in each of the four Phases/Paths in Trail 10.

Variation

Some students may be uncomfortable sharing their IM scores, especially those who do not score particularly high. You may want to use a variety of anonymous Snapshot examples to facilitate a large group discussion, and then have students write short essays analyzing their results.